

# PASSENGER INFORMATION **COMING FROM ABROAD** TO METROPOLITAN FRANCE

More contagious variants of the SARS-CoV-2 are currently circulating. Please remain extremely careful and apply strictly preventive measures every day. If you have symptoms, we recommend you to self-isolate immediately and get tested.

You are coming from a foreign country, listed in the decree n° 2020-1310 of October 29, 2020\*

### You have to:

## In any case:

✓ Perform an RT-PCR test or equivalent and present the negative result, performed less than 72 hours before departure. If you are not in possession of this result, you will be denied boarding.

### If you are coming from a country outside the European area:

- Fill out a travel certificate indicating the reason for the trip and bring one or several documents that justify it.\*
- ✓ Fill out a sworn statement certifying\*:
  - The absence of COVID-19 symptoms and absence of contact with individuals with COVID-19 in the past 14 days,
  - Your commitment to respect an isolation period of 7 days after your arrival in France,
  - Your commitment to perform at the end of this period an RT-PCR test or equivalent for the detection of SARS-CoV-2.

\*Certificates and the list of countries are available at https://www.interieur.gouv.fr/Actualites/L-actu-du-Ministere/Attestation-dedeplacement-et-de-voyage







Fraternité

#### Self-isolation

#### Stay in one place:





- In specific self-isolation accommodation if you do not have a home address or if your accommodation is not suitable:
- Limit all contact with other people: Strictly follow physical distancing and shielding measures.
- If you must go out or if you are in the presence of another person, wear a mask.

# For the protection of all, follow these shielding measures:



Regularly wash your hands or use hydroalcoholic gel



Cough or sneeze into your elbow or into a tissue



Use single-use tissues and throw them away after use



Wear a category 1 surgical or fabric mask when it is not possible to respect two-meters distancing



Keep a distance of at least two meters between you and others



Restrict your social contacts (6 at most)



Avoid touching your face



Air rooms as often as possible, at least a few minutes every hour.



Greet without handshakes or hugs/kisses



Use the digital tools (TousAntiCovid)







